

Glamorgan

Volume 15 issue 3 March/April 2024

News from Federation House June Humphry 01639 881588 Glamorgan Federation of Women's Institutes 13 Courtland Place Port Talbot SA13 1JJ

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Charity registration number 1206209 Office Hours— 9am-2.30 Monday, Wednesday and Friday

BOARD OF TRUSTEES 2024/2025

Barbara Bowring, Barry WI — Federation Chairman Carolyn Davies, Tonyrefail WI — Federation Treasurer Sandra Davidson, Coychurch WI — Federation Vice Chairman Daphne Furneaux, Llandewi with Knelston WI — Federation Vice Chairman Claire Atherton, Creigiau WI Diane Howard Willis, Glynhir WI—Assistant Federation Treasurer Belinda Hansford, Three Crosses WI Media Press/Web Officer Margaret Maguire, Upper Killay WI Mavis Tierney, Tonteg WI Myra Thomas, Upper Killay WI Pam Dinham, Tonteg WI—Chairman Membership Support

2024 NOT IN MY NAME COMPETITION

'Design a Mug'

Depicting the Not in my Name campaign to end Violence Against Women

A design created by hand (any medium) or digitally will be accepted.

Design to be presented on a mug or mug format (in original or digital format).

Judging criteria

- Creativity and originality of the design
- Mastery of chosen medium
- Interpretation and clarity of the theme
- Suitability of the design for a mug.

Closing date: Monday 4 November 2024

Submission of Entries

By post: NFWI-WALES, Suite 66 33 Cathedral Road, Cardiff CF11 9HB

Submissions should include the following information:-

Name and contact details of entrant; name of WI; name of Federation

National Eisteddfod 3-10 August 2024

This year the National Eisteddfod will be held at Ynysangharad Memorial Park, Pontypridd.

Glamorgan Federation will be hosting the stand. If you are able to spare some time either in the morning or afternoon to help with the stewarding we would be very grateful. Please contact the Federation Office for further details.

NFWI 2024 ANNUAL MEETING RESOLUTION SHORTLIST SELECTION

Thank you to all the WIs who returned their Resolution Voting form.

The Resolution with the most votes from Glamorgan was 'Dental Health Matters' with 827 votes.

As you will see from the enclosed Resolution Voting from, the top Resolution throughout the country was:

'Dental Health Matters' with 37,772 votes.

This year over 95,000 selections were cast, a positive increase on last year's figures.

Please make sure you return the voting form to Federation House immediately after your Resolution Meeting, but by **Friday 10 May 2024**, in order that this information can be passed to the Delegate representing your WI at the NFWI Annual Meeting on 5 June 2024.

FEDERATION SECRETARY

We are in dire need of a Federation Secretary therefore please would anyone interested, please apply to the Federation Office.

Knowledge of the WI is not essential but could be an advantage.

FEDS OF WALES CHAIRMAN'S CHALLENGE

Jill Rundle, Chair of the Feds of Wales Committee has challenged all the Federations in Wales to form a Virtual WI. If you are interested in joining Glamorgan's virtual WI please contact June in the Federation Office.

News from Home Economics & Craft

Gloria Jones tel: 01639 881212 Email pontyglojones@gmail.com

Due to lack of interest of entries in the Rosebowl and Brecon Cup competitions, the Afternoon Tea at Blancos Hotel has had to be cancelled.

The judging of the entry will now be done at Federation House.

Walking Netball Co-ordinator

Jill Royce

Email—swanseacentralwi@gmail.com



Glamorgan West held their second walking netball session at the LC2 Leisure Centre, led by coach Frankie, everyone who attended thoroughly

enjoyed. Attendance was such that two teams were fielded.

Feedback from members was positive. No further sessions planned as interest by members has to be assessed.

News from Sport & Leisure

Sandra Davidson Tel: 01656 669232 email sandradav@talktalk.netcom

The indoor bowls event which was sponsored by Bowls Wales, was very successful.

An average of 20 members attended the Bridgend Recreation Centre Indoor Bowls arena on a Saturday morning over 10 weeks. We had wonderful coaches to help us along, giving us tips on techniques as to best get our woods where needed, which was a challenge.

The outdoor bowls season will begin in mid-April, the clubs are desperate for new members, about half of the ladies that came to the indoor bowls are hooked and are already signing up for outdoors. If you are interested please contact me to discuss where local clubs are for yourself.

NFWI 2025 DIARY

The 2025 NFWI Diary will remain at the same price as last year at £7.

Enclosed with this mailing is an order form for the diaries. As we will only be ordering confirmed orders, we would appreciate if you can return the application form with a cheque made out to 'Glamorgan Federation of Women's Institutes' by Friday 10 May 2024.

Enclosures this month

- 1 2025 Diary Order Form
- 2 Table Top games and Afternoon Tea
- 3 2024 Resolution Voting form

National Gardens Scheme 2024 Gardens in Gwent Open for Private Groups

Are you looking for a beautiful garden to visit privately this year with your friends and family or with one of your local groups or societies? If you are thinking ahead and planning visits for 2025 please contact Debbie Field (NGS county organizer on 08995 195304).

Your group may be keen on gardening or perhaps you're just looking for somewhere a little different to enjoy a few hours together. Our gardens can provide the perfect place for you and many have delicious home-made teas too!

For a list of those open for private visits in or near this area go to: www.ngs.org.uk/gwent-by-arrangement/

SPEAKERS CORNER.. Just a few more ideas for your next programme..

Let us have your recommendations for good speakers or trips..

⇒ Martin Hutchinson's talk is about his 17 years on the road, walking 34,000km across 21 countries and cycled 36,000km across 17 countries for the environment. Martin has given talks in 774 schools. Contact martinhutchinson99@yahoo.co.uk

Diary dates—2024			Closing date
Darts Competition £55 per team	Pencoed Social Club	Saturday 20 April 2024	30 March 2024
Late Spring Circular walk around Penarth £3	Penarth	Saturday 11 May 2024	30 April 2024
Fashion Show £25 or £28	Norton House, Mumbles	Tuesday 7 May 2024 Wednesday 8 May 2024 Thursday 9 May 2024	19 April 2024
Fashion Show £23	Heronston Hotel, Bridgend	Wednesday 15 May Thursday 16 May 2024 Friday 17 May 2024	30 April 2024
Whist Drive £5	Ystradowen Village Hall	Saturday 1 June 2024	30 April 2024
Thrill Seeker—Zip Wire	Rhigos Mountain	Saturday 15 June 2024	15 April 2024
Table top games and Afternoon Tea	All Hallows Church Hall, Miskin	Saturday 13 July 2024	14 June 2024
Court & Castle Holiday £199	Windsor & Hampton Court Palace	Friday 19-20 July 2024	23 February 2024
York & Castle Howard Holiday £405	York & Castle Howard	Thursday 21 November/ Sunday 24 November 2024	13 September 2024

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On Tuesday 23 January (in between storms I and J) Penarth WI enjoyed a guided tour of the Royal Welsh College of Music and Drama in Cardiff. We were met by our guides, Guy (Communities Engagement Partner) and Laura(Communities

Engagement Apprentice) at the very busy café which is open to the general public. An area had been cordoned off for us and Laura, who admitted she was very nervous as this was her first tour. She gave us a very informed talk on the history of the college, which was originally at Cardiff Castle, but is now based at a very beautiful modern building in North Road. We were then taken upstairs there are lifts—to the Richard Burton theatre. Just outside the theatre is a glass case with some of Richard Burton's belongings which were donated to the RWCID by his daughter. On entering the theatre we were able to watch some students working with lighting technology for the stage. Some food props were on a table on the stage, mainly large cakes and we were told these were made by the students out of sponge (not the sort to eat) and other materials. The next area was a corridor of exhibits made by the students which included art, miniature set designs and costumes. From there, we had a fascinating glimpse of the paint and props department, most of which are made out of polystyrene, and a lot of the materials are now recycled. Then on to the wardrobe/ costume area where the students learned how to make patterns etc. depending on your course and whether you were a first year student or later. There were some areas we could not go to as the students were in class

Our tour lasted an hour, we had arrived at 11.30am so at 12.30pm we were back at the café for refreshments. We thought it was the end of the tour but we were lucky to be able to go to the music room and hear some of the students practice. We had a wonderful tour of this lovely college and Laura was excellent. Just a little bit to add, we had informed Laura that we were 'getting on a bit' so we were able to have lots of seats provided en-route.

Anthea Chandler, Penarth WI

Three Crosses WI Halloween Hoedown



With a theme aiming to combine Halloween and Line Dancing it was lovely to hold the first Link Event for our group since 2019; and we had a strong attendance of 50 members.

Three Crosses were joined for the

evening by Reynoldston, Llanrhidian, Penclawdd and Llandewi with Knelston.

Most dressed in appropriate clothing—check shirts, jeans and boots. After arrival and a welcome from our President, Belinda Hansford, nearly everyone got up to enjoy a session of Line Dancing led by our caller Luke Shrimpton. This involved learning steps, turning round—sometimes amid confusion and much laughter. We danced to both traditional and more modern tunes. A sandwich supper was offered at the break as well as cakes, wine, and other refreshments. This was followed by further Line Dancing and then at the end of the evening the raffle was drawn and prizes awarded.

A vote of thanks was given by Daphne Furneaux from Llandewi with Knelston WI on behalf of the visitors to all those that had made the evening such a great success, and looking forward to their turn next year. The event made a profit which was divided amongst the WIs.

Everyone found it a very sociable way of spending time together, with all the WIs mixing and chatting—and for some it was as entertaining to watch as to take part!

Belinda Hansford, Three Crosses WI



Porth WI had a very interesting visit to the Heritage Park in Trehafod which is situated at the base of the Rhondda. 17 Members experienced going down into the mines in the shaft, it was quite an interesting ordeal, especially wearing their hard hats!!

The walking below was easy on the foot and well lit up, we only experienced one explosion which was all controlled.

The stimulated tram ride at the end was exciting and fun, but we were ready for lunch. The tour guide was very well informed oaf the history of the Trehafod miners, as well as all the other Rhondda mines, some or most of the members had Fathers and Grandfathers working in the coal mines and couldn't believe what the conditions were like. If you haven't been for a visit it's very well worth it, plus the coffee and lunch in the café.

Elaine Andrews, Porth WI